

Etiquette & Expectations for Participating Teachers + Dancers: Smarty Pants Belly Dance's 6th Annual Recital-- "Raks into Summer", Sunday June 13, 2010 3 pm PTE Mainstage

These guidelines and requests are based in large part on Dance MB's for the Provincial Dance Festival. Additions have been made due to problems created by inappropriate and disrespectful behaviour backstage.

**Please make an additional copy for your own reference. This form is downloadable as a pdf file from <www.nicola-bellydance.com> and from <www.za-ina.com>.

Any dancer not abiding by these instructions may be asked to leave, or refused entrance to the theatre.

Arrivals & Departures:

1. Please arrive for tech rehearsal at the time your teacher has told you. (11 am- 1 pm slots)
2. Remove all street shoes in the rehearsal hall, greenroom, or backstage area. No street shoes on the stage.
3. Please be quiet and listen. If you are not sure when to come, arrive at 11 a.m.. If you are not able to come, make sure you check with a classmate or your teacher about information you need for performance time.
4. Please arrive to the theatre for the show by 2 pm. That means you are ready--please do all makeup and hair AT HOME, or, prior to 2 pm in the dressing rooms. There is limited bathroom and mirror space.
5. Please check in, receive your comp ticket (retain in case you need to leave the theatre and return), and find the dressing rooms. Verify when you are appearing in the program.
6. Please be in the wings 3 numbers before your class or solo dance. Make sure the stage manager knows you are there and ready. If you miss your cue, it will be your job to make do. The program will not wait. Once you are done, please leave the stage area and wings in silence and proceed to the dressing rooms.
7. Enter and exit the theatre QUIETLY and BETWEEN dances. DO NOT wear hip scarves or belts into the seating area. All dancers wishing to watch from the DESIGNATED dancer seating should be in a coverup, or changed out of costume after they have danced.
8. Please clean up all your stuff, throw out your trash, remove recyclables, and leave the theatre immediately after the show. The theatre staff need to strike the stage and clean afterward--we will be in their way. You can debrief/chat in the mall area.
9. You can pre-order and pre-pay (by cash or cheque) your DVD for the recital at check-in. Fill out all info. You will be notified for pick up as soon as they are finished. Cost in advance is \$10. We will only be making enough to sell to participants, and only one run will be produced. No additional orders will be made.
10. TEACHERS or DESIGNATE must turn in music to the stage manager or sound

technician upon arrival at tech rehearsal and have a back up copy nearby. SOLOISTS are responsible for turning in their own music and having back up. MUSIC should be on a disc, by itself, clearly labelled and in a case or envelope. Pick-up after the show is also your job.

Dressing Rooms:

1. ABSOLUTELY NO: perfume or fragrances; hairspray; Static Guard; aerosols; nail polish or remover; solvents; alcohol, tobacco or intoxicants; glass containers; blow dryers; or food. This is for reasons of allergies and asthma, fire safety, costume safety, and liability.
2. WATER ONLY for drinkables.
3. Please keep your valuables at home. We are not responsible for lost, damaged or stolen items.
4. Consider bringing: safety pins, brush, lint brush, bandaids/first aid, wipes or washcloth and towel, slip-on shoes for safe walking in the dressing room area, sewing kit, deodorant, handheld mirror, extra makeup, baby-type powder, change of clothes (including a bra if you wore a bedlah), large towel or bag to hold damp costuming.
5. ALL DANCERS must be shaved (pits and legs), wear underwear, and be **clean** and presentable. We strongly advise a minimum makeup of: white, gold, or silver eyeshadow over the whole eye area; dark mascara; foundation; blush; red-toned lipstick (not gloss--will rub off onto costuming). Please wear antiperspirant or deodorant.
6. If you get a nervous stomach, pack some antigas or antidiarrheal medications. You will be happy you did.
7. QUIET is the rule in the dressing rooms and rehearsal hall--they are adjoined to the stage area and you CAN be heard. Hushed tones and whispers only. Rehearsing in the hall should be done in a respectful manner--do not hog floor space and mind where you are wielding props. It will be tempting to talk and get rowdy--you will be excited--please keep a lid on it.
8. SILENCE in the backstage area/wings. NO chit-chat. You can be heard and seen.
9. Dressing rooms are for teachers, soloists, and any dancers in more than one number. There are bathrooms in these rooms for all to use, and mirrors only AS NEEDED. Please do not visit or congregate in the dressing rooms--they will be hot and cramped. THERE IS ZERO TOLERANCE FOR RUDE, DISRUPTIVE, DANGEROUS, MENACING OR INEBRIATED PERSONS. YOU WILL BE ASKED TO LEAVE AND BANNED FROM FUTURE EVENTS. (*and yes, these things have happened...*)
10. NO VISITORS to the backstage areas or dressing rooms. Breastfeeding infants are the only exception.

GENERAL: Za'ina Dilshad, Nicola, PTE staff, volunteers, and participating teachers are not responsible for damage to person or property.

I, *(please print full legal name)*,

_____, have
read, do understand, and will respect the above.

CLASS + TEACHER : _____

SIGNATURE: _____

DATE: _____

WITNESS: _____